



RAINBOW INSTITUTE

Holistic Education Recommended Reading List

The Spiritual Child- Lisa Miller
The Soul of Education- Rachel Kessler
The Courage to Teach- Parker Palmer
The Heart of Learning- Steven Glazer
The Secret Spiritual World of Children- Tobin Hart
The Way of Mindful Education- Daniel Rechtschaffen
The Magical Child- Joseph Chilton Pearce
Mindful Learning- Dr. Craig Hassed
A Drop in the Ocean of Love 2017 University of Spiritual Healing & Sufism, DPWN Publishing
Holistic Child Guidance Murshida Vera Corda, 2010, Holistic Human Development
The Education of the Child-Rudolf Steiner
The Magical Child Matures- Joseph Chilton Pearce
Child's Mind: Mindfulness Practices to Help our Children be More Focused, Calm and Relaxed- Christopher Willard
The Integrative Mind- Tobin Hart
The Compassionate Classroom: Lessons that Nurture Wisdom and Empathy- Jane Dalton and Lyn Fairchild
Education and the Soul: Toward a Spiritual Curriculum- John Miller
Positive Discipline in the Classroom: Developing Mutual Respect, Cooperation, and Responsibility in Your Classroom- Jane Nelson Ed.D, Lynn Lott, M.A. and Stephen Glenn Ph.D
The Inner Liberal Arts – Tobin Hart
Teach, Breathe, Learn: Mindfulness in and out of the Classroom- Meena Srinivasan
Nurturing Deep Connections: Five Principles for Welcoming Soul – Rachel Kessler
The Teaching Presence – Rachel Kessler
The Answer: Consciousness, Social Justice and Spiritual Awakening – Ba Luvmour
Nurturing Children's Well-being – Josette Luvmour
Contemplative Practices in Teacher Education – John P. Miller and Ayako Nozawa

Good Teaching: A Matter of Living the Mystery- Parker J. Palmer
A Still Quiet Place: A Mindfulness Program for Teaching Children and Adolescents to Ease Stress and Difficult Emotions- Amy Saltzman MD and Saki Santorelli EdD MA
Recovering a Sense of the Sacred Conversations with Thomas Berry- Carolyn Toben
Only the Sacred- Transforming Education in the Twenty- First Century- Peggy Whalen-Levitt
Between Teacher and Child- Haim Ginot
A Wilderness of Thought: Childhood and the Poetic Imagination-Richard Lewis
The Common Vision: Parenting and Educating for Wholeness Introduction- David Marshak
Education for Cultures of Peace- Riane Eisler
A Relaxed Spiritual Universalism: A Framework for Holistic Education- John P. Miller
Contemplative Practices in Teacher Education- John P. Miller and Ayako Nozawa
Living Ishly: The Arts as Mindful Spaces- Marni J Binder and Sally Kostopoulos
Good Teaching: A Matter of Living the Mystery- Parker J. Palmer
Nurturing the Remarkable Powers of Children- William Crain
What is Education For?- David Orr
Holistic Education: A Brief Introduction- Ron Miller
Reflecting On Spirituality In Education- Ron Miller
Educating for Gross National Happiness- John P. Miller
Caring and Peace Education- Nel Noddings
Caring In Education- Nel Noddings

Please also sign up for the Rainbow Institute Newsletter to receive descriptions of and reflections on various centerings happening in the classrooms at Rainbow. You can do so by visiting our website

<http://rainbowcommunityschool.org/rainbow-institute/>