



RAINBOW INSTITUTE

Presents

More Than Mindfulness Conference 2017: *The past, present and future of spirituality and education*

Workshops, Seminars and Panel Discussions

Keynote Address: Establishing a Heart Centered School

Led by RCS Founder Nura Laird. Nura is a Dean, faculty member, and chair of the Department of Peacemaking at the University of Spiritual Healing and Sufism. Nura has been a student of healing and Sufism since 1977. She has extensive training and experience in community and family mediation and in teaching and counseling children and adults. Since graduating from the Energy Mastery School in 1992, Nura has worked professionally as a spiritual counselor, teacher and seminar leader internationally

Religion & Spirituality: A conversation for the postmodern classroom and counselor

Led by RCS's Executive Director, Renee Owen and RCS's Director of Counseling, Will Ray

Learning Through a Holistic Lens: Exploring how teaching the whole child enhances the learning path of all children

Led by Eddy Webb: Rainbow Seven Domains master teacher

Communing with the Natural World: Exploring Core Routines of Deep Nature Connection

Led by West Willmore: Rainbow Seven Domains master teacher, RCS Curriculum Director, RCS resident naturalist and RI Co-Founder

The Art of Storytelling and The Hero's Journey

Led by RCS lead teacher, Jenny Armocida and RCS's Creative Director Justin Pilla

Inner Alchemy: Different Spiritual Traditions of Self

Led by RCS's Director of Counseling, Will Ray

Mindfulness as Playfulness: Experience the first-hand the transformative power of play

Led by Lucy MacGregor: RCS preschool lead teacher, Rainbow Institute Mindfulness Consultant and Mindful Schools certified teacher

What Does Centering as a Contemplative Practice Look like at RCS: The nuts and bolts of a 40

year legacy

Led by a RCS Alumni students and a Rainbow Seven Domains master teacher

Beyond Mathematics and Linguistics: Blending the Spiritual and Mental Domains

Led by Omega Program Coordinator and Lead Teacher, Susan Waddell and Omega's Sacred Geometry Teacher Mark Hanf

Holistic Psychotherapy: Using the seven domains to provide clinical care

Led by RCS's Director of Counseling, Will Ray

Educating for Empathy, Equity and Social Justice

Led by RCS's Director of Equity, Danae Aicher

Rites of Passage: Integrating these transformative, coming of age experiences into class culture and curriculum

Led by Creative Director, Justin Pilla and Jason Cannoncro, RCS Seven Domains master teacher

Theater as a Transformative Practice: Image and applied theater in the classroom

Led by RCS Theater teacher, Ange Moore

Mindfulness and Movement: Ground learning in the body by weaving mindful practice into active learning

Led by RCS Athletic Director and Physical Education teacher, Mark Strazzer

Creating Heart Spaces for Learning: The brain science of mindfulness, compassion and learning.

Led by Lucy MacGregor: RCS lead preschool teacher, Rainbow Institute Mindfulness Consultant and Mindful Schools certified teacher

Resourcing for Bolstered Resiliency: Mindfulness of Mind and Body

Led by Sarah Shoemaker, Academic Director of the Black Mountain Academy and founder of Your Embodied Breath, a mindfulness based consultancy.

Holding the Space: How to integrate mindfulness into your community in a sustainable and intentional way

Led by Lucy MacGregor: RCS lead preschool teacher, Rainbow Institute Mindfulness Consultant and Mindful Schools certified teacher

Using Positive Discipline and Compassionate Communication to Nurture Healthy Relationships

Led by RCS Lead Teacher and RCS Parent Council Representative

Holistic Health and Healing

Led by Dr. John Laird, past President of the University of Spiritual Healing & Sufism and a faculty member. He received his medical degree from Dartmouth Medical School in 1976 and has more than twenty years of experience in direct patient care. Dr. Laird was responsible for the passage of landmark legislation in North Carolina in 1994, legalizing the practice of alternative medical therapies. He was also a founder of the Great Smokies Medical Center.

Mindful Campus Design

Led by RCS Facilities Director, Max Mraz and RCS Alumni parent, builder, musician and educator Greg Olson

What If We All Just Led With Compassion? Exploring techniques that empower compassionate collaboration among teachers, families and students

Led by Susie Robidoux: Rainbow Seven Domains master teacher, RCS Dean of Faculty and RCS professional development coordinator