

Winter/Spring 2015 Youth Programs

YOUTH PROGRAMS

Afternoon Adventures

August, 2014-June, 2015

Monday-Friday, 2:45-5:30pm

Do you enjoy having fun and making new friends? This is the place for you. Children will enjoy arts, crafts, group games, special events, homework assistance and more! Pre-registration is required. Open on teacher workdays, some holidays and snow days at assigned location.

Weekly Fee: \$40 per week

Families currently enrolled in the school system's reduced or free meal program.

Weekly Fee: \$10 per week

Teen Leadership Program

August, 2014-June, 2015

Monday-Friday, 3:30-5:30pm

Looking for a cool and enriching alternative for your Teen to attend this school year? This is the program for you...we offer creative activities, diverse projects, field trips, and more. For 6th-9th graders.

Weekly Fee: \$10 per week

Teen Leadership Volunteer Program

"Taking Back Our Youth"

November 2014-May 2015

Teenage volunteering is a fantastic way to make new friends, see the world differently, and participate in unique and incredible community service initiatives!

FREE

Girl Scouts

August, 2014-June, 2015

Tuesdays, 3-4:30pm

In partnership with the local Girl Scout troop, this program is designed to work with girls 6-12 years of age. Through a variety of experiences such as field trips, skill building clinics, community service projects, and environmental stewardships, girls will grow courageous and strong.

FREE

LEAF in Schools and Streets

August, 2014-June, 2015

Wednesdays, 3-4pm

LEAF brings a magnificent artist to help us explore the world through movement, song, and creativity! FREE

Primed and Polished Pre-Professionals

August, 2014-June, 2015

2nd-6th Grade, Tuesdays, 6-7:30 pm

7th-12th Grade, Thursdays, 6-7:30pm

Designed to help young ladies maximize their full potential. We provide fun innovative lesson plans and activities that make for a competent young lady. Local business professionals volunteer their time and work experience to help each child succeed. This program is an awesome stepping stone for improving self confidence and exploring endless opportunities.

FREE

Empowerment of Women

January-May, 2015

Tuesdays, 6-7 pm

This program is dedicated to the development of the next generation of competent, resilient young women. This is achieved by providing tools that teach young girls and women to appreciate their value. The program's aim is to help them to build their self esteem and to realize the power of their potential through maintaining a healthy lifestyle, a focus on education, and a strong connection with their spiritual selves.

FREE

1 Mic Studio

September 2014-May 2015

Tuesdays, 4-7pm, Wednesdays, 6-8pm &

3rd Saturday each month

1 Mic Studio allows youth and young adults the opportunity to get creative and find their voice through the art of audio production. A LEAF Schools & Streets teaching artist will be available once a week for a regularly scheduled session to help youth with their artistic development and to support the recording process. Youth with music, rap, song writing and audio production experience are encouraged to register. Call the Center for additional information.

FREE

Capoeira: The Brazilian Martial Art-Dance, Fight and Music

January 2015-May 2015

Wednesdays, 6-8pm

Capoeira is an Afro-Brazilian art that was originally practiced by enslaved Africans brought to Brazil by the Portuguese during nearly 500 years of slavery. It is a game that requires focus, commitment, constant movement and interaction. The only way to truly understand the magnetism of Capoeira is to see it and try it yourself. This program is great for all ages! Fee: \$6

Hip Hop for Peace

January 2015-May 2015

Thursdays, 5:30-7pm

This class is designed for those of all ages who want to move. The class features a fun yet challenging stretch and warm-up, as well as exciting and unique choreography. You are sure to get a great workout while learning some fun moves. Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time. FREE

Super Saturdays

3rd Saturday each month

10am-12Noon

Focuses on providing youth extra study help and is open to all children. Volunteers & staff join forces to help children with core subject studies. This program was created to provide children extra academic assistance and increased confidence in their school work. Participants will also enjoy different fitness activities including tennis, basketball, flag football, and soccer and have time to play in the game room.

FREE



Special Events

Poetry Slam

Friday, February 13, 6-8pm

Center Staff:

Shateisha Lenoir
Josh McClure
Kahlani Jackson

Operating Hours:

Monday, Tuesday and Thursday, 11am-7pm
Wednesday, 11am-8pm,
1st Wednesday, 10am-8pm
Friday, 2pm-5pm
3rd Saturday, 10am-3pm

Burton Street Community Center

134 Burton St., Asheville, NC, 28806

(828) 254-1942

slenoir@ashevillenc.gov



*Winter / Spring 2015
Youth & Teen
Programs*



ASHEVILLE
Parks & Recreation
www.ashevillenc.gov/parks
[facebook.com/APRCA](https://www.facebook.com/APRCA)

ASHEVILLE
Parks & Recreation



Winter/Spring 2015 Adult Programs & Special Events

ADULT PROGRAMS

Burton Street Community Senior Elite Club

Tuesdays, Wednesdays, and Thursdays, 11am-2pm

This program is geared for senior citizens and provides fun activities, planned trips, movie days, chair exercise classes, fellowship days, game days and special meals prepared by different seniors from the group. Fee: \$3 per meal, \$33 annual membership to the National Association of Senior Citizens District 9A

Burton Street Community Association

Meetings

3rd Monday each month
6-7pm

The Burton Street Community Association meets monthly to talk about things that are going well, things that need improvement as well as plan upcoming events. The focus of this group is to continually improve the Burton Street Neighborhood.
FREE

Circle of Parents

Wednesdays, 5:30-7pm

Circle of parents is a national network of mutual support and self-help programs in partnership with communities.
FREE

Empowerment of Women

January-May, 2015
Tuesdays, 6-7 pm

This program is dedicated to the development of the next generation of competent, resilient young women. This is achieved by providing tools that teach young girls and women to appreciate their value. The program's aim is to help them to build their self esteem and to realize the power of their potential through maintaining a healthy lifestyle, a focus on education, and a strong connection with their spiritual selves.
FREE

Capoeira: The Brazilian Martial Art-Dance, Fight and Music

January 2015-May 2015
Wednesdays, 6-8pm

Capoeira is an Afro-Brazilian art that was originally practiced by enslaved Africans brought to Brazil by the Portuguese during nearly 500 years of slavery. It is a game that requires focus, commitment, constant movement and interaction. The sport attracts participants of all ages as it emphasizes physical training, improvisation and creative self-expression. Dance, music, martial arts, gymnastics, and culture come together in this energetic art form to develop strength, endurance, flexibility, coordination, creativity, grace, and confidence. The only way to truly understand the magnetism of Capoeira is to see it and try it yourself. This program is great for all ages!
Fee: \$6

Yoga Program

Thursdays, 6-7pm

Join us to strengthen the connection between your breath and body! This class focuses on back care, opening up the hips and shoulders and strengthening the core. Come relax and rejuvenate.
FREE

Hip Hop for Peace

January 2015-May 2015
Thursdays, 5:30-7pm

This class is designed for people of all ages who want to move. The class features a fun yet challenging stretch and warm-up, as well as exciting and unique choreography. You are sure to get a great workout while learning some fun moves. Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.
FREE

SPECIAL EVENTS

Poetry Slam

Friday, February 13, 6-8pm



General Center Information

Center Staff:

Shateisha Lenoir
Josh McClure
Kahlani Jackson

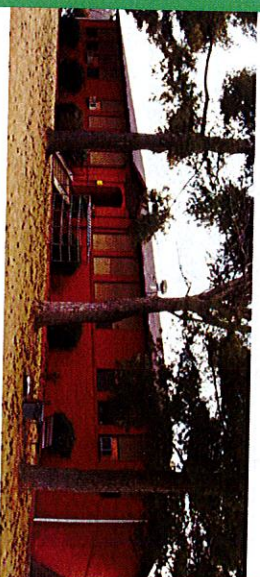
Operating Hours:

Monday, Tuesday and Thursday
11am-7pm
Wednesday, 11am-8pm
1st Wednesday, 10am-8pm
Friday, 2pm-5pm
3rd Saturday, 10am-3pm



Burton Street Community Center

134 Burton St., Asheville, NC, 28806
(828) 254-1942
slenoir@ashevillenc.gov



*Winter / Spring 2015
Adult Programs*

ASHEVILLE
Parks & Recreation



www.ashevillenc.gov/parks
[facebook.com/APRCA](https://www.facebook.com/APRCA)

ASHEVILLE
Parks & Recreation

