



More Than Mindfulness Conference:

Exploring Education as a Sacred Art

Schedule of Events

8:30-8:45 Registration with Coffee and Snacks

8:45-9:30 Opening Remarks/Welcome/ Group Centering

9:30-12:00 Observe/Participate

9:30-9:50 Centering offerings Preschool-1st

9:50-10:15 Debrief Centering Preschool-1st

10:30-11:15 Centering offerings 2nd-Omega

11:15-12:00 Debrief Centering 2nd-Omega

12:00-1:00 Lunch (Food Truck available) and discussion with admin, board, teachers, etc.

12:45-1:00 Registration for Afternoon Sessions

1:00-1:35 Welcome and Opening Remarks for Afternoon Session/ Group Centering

1:45-3:15 Session 1:

3:30-5:00 Session 2:

*Evaluations to be completed in each workshop