

RCS Spiritual Learning Goals

Spiritual Virtues	<i>Explore and embody elements that enhance spiritual virtues such as compassion and acceptance of self and others.</i>
Class and Community Celebration & Ritual	<i>Shared celebrations, ceremonies and rites of passage that empower students to be a part of an integral community.</i>
World Religions & Traditions	<i>Exposure to and appreciation for diverse approaches to religion, culture and spirituality.</i>
Myths & Stories	<i>Exposure to and crafting stories that foster a sense of magic, wonder and archetypal human experience.</i>
Mystery and Contemplation	<i>Awakening, nurturing, and experiencing the sacred and unknown. Seeking meaning and purpose</i>
Communion with the natural world	<i>Understanding our interconnection with the natural world. Cultivating a reverence for Life</i>

RCS social/ emotional curriculum learning goals (SEL)

Self- awareness	<i>The ability to accurately recognize one's emotions thoughts and their influence on behavior. (CASEL GUIDE, Effective Social and Emotional Learning Programs, 2013, p.9).</i>
Self-management	<i>The ability to regulate one's own emotions, thoughts and behaviors effectively in different situations. (CASEL GUIDE, 2013, p.9).</i>
Social Awareness	<i>The ability to see and respect varying perspectives, to understand social and ethical norms, and to recognize community resources and support. (CASEL GUIDE, 2013, p.9).</i>
Relationship Skills	<i>The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. (CASEL GUIDE, 2013, p.9).</i>
Responsible Decision Making	<i>The ability to make constructive and respectful choices about personal behavior and social interactions based on consideration of ethical standards, safety, social norms, consequences and the well being of self and others. (CASEL GUIDE, 2013, p.9).</i>